

The Go-Getters

July 2026

Newsletter



The Go-Getters
office will be
closed July 1.

West Hillhurst Go-Getters Association
1940-6 Ave NW Calgary, AB T2N 0W3
403-283-3720

gogetters@telus.net
www.gogetters.ca

Monday – Friday
8:30 am – 3:30 pm

GST # 129267993RT0001



The Go-Getters

Mission

Provide social, recreational, and educational community through participation

Values

Welcoming - Kindness - Reliability - Friendship - Service

Board Members 2026

President:	Beverley W.
Vice-President:	Janis Z. (interim)
Secretary:	Leona S
Treasurer:	Barb R.
Directors at Large:	Linda T.; Marian B. Pat R.; Lori L.; Darlene M.; Doug J.

Administration

Colin H., Executive Director
Christine G., Program Coordinator



CHAIR STENGTH AND STRETCH

New Classes for the summer



Karen is holding four classes over the summer!
THURSDAYS, JULY 9 & 16 AND AUGUST 6 & 13
ALL CLASSES START AT 10:30 AM

\$45 /MEMBER
\$55 /NON-MEMBER



The Go-Getters ICE CREAM SOCIAL



*Friday, July 17
1:00 pm*

*\$10 /member
\$12 /non-member*

*Beat the heat. Build a sundae
and chill with friends.*

Deadline for signing up is Monday, July 13

JUNE 29 DEADLINE FOR SIGNING UP



THE GO-GETTERS
**STAMPEDE
BREAKFAST** ★

FRIDAY, JULY 3
9:00AM - 12:00PM

\$10 /MEMBER
\$12.50 /NON-MEMBER

MENU

PANCAKES, SAUSAGES, EGGS, FRUIT & JUICE



July

**Monday, July 13
12:00 pm**

**\$15 /member
\$19 /non-members**

Purchase tickets by July 6

Wine and beer available for purchase.
50/25/25 ticket sales and draw.

Menu

**Pettit sandwiches & Wraps
Mini assorted croissants
Vegetable Platter
Desserts**

*Options are available for specific dietary
needs. Please inquire when you sign-up.*



The Go-Getters is offering



Mandala Dot painting

MONDAY, JULY 20, AT 10:00 AM



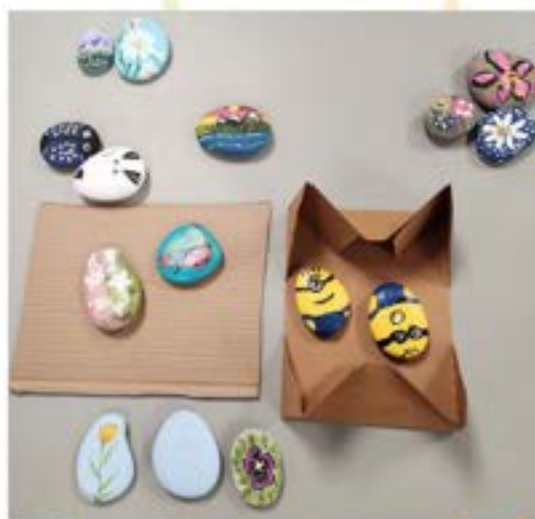
Come and join
Marilyn & Christine
For some fun and creativity
We will be using rocks and
medallions/keychains
all supplies are provided.

\$10 / MEMBERS
\$12 / NON-MEMBERS



Rock Painting Class

June 18



The Foot Doctor



Tuesday, July 7
10:00 am – 1:30 pm

If you have a scheduled appointment with the Foot Doctor, you will receive a reminder call about the date and time of your next appointment.

If you cannot make your reserved time, it is important that you call Christine in the office *at least 2 days prior to your appointment*. This way, we can fill your spot with someone on the wait list and maintain a full schedule for the doctor.

Having our feet taken care of is a popular service at the Go-Getters and we want to ensure everyone has a fair chance to take advantage of it.

We greatly appreciate your consideration in this matter.

**Starting in August, Dr, Greg Somer will be coming two days a month.
Speak with Christine for more information.**

At our Annual General Meeting on April 24, 2026, we invited the General Manager of the West Hillhurst Community Association as our guest speaker. She kindly agreed to let us print her talk to share with all our members.

It's a real pleasure to be here with you today at your Annual General Meeting. Today gives us a moment to reflect on the year behind us, a chance to be in a room full of people who truly understand what community means.

When I think about this senior group, I don't just think about meetings or programs—I think about connection. I think about the laughter that comes out of a lively bingo game, the line dancing music we hear through the walls, the concentration I have witnessed around a card table, and the conversations that happen before, during, and long after those activities end. Those moments may seem simple on the surface, but they are incredibly powerful.



Susan L. - WHCA

Programs like bingo, cards, and your social gatherings are not just ways to pass the time—they are ways to build relationships. They create routine, they give people something to look forward to, and most importantly, they bring people together. In a world that can sometimes feel increasingly disconnected, what you are doing here is the opposite—you are creating a space where people belong.

And that sense of belonging matters more than we often realize.

Being an active participant in your community isn't just about showing up—it's about investing in each other. It's about checking in on a friend when they miss a game, welcoming someone new to the table, or simply sharing a laugh over a cup of coffee. Those small actions build trust, friendship, and a network of support that people can rely on.

We all know that as life changes, staying connected can take more effort. That's why groups like this are so important. They provide not just activities, but opportunities—to stay engaged, to stay social, and to continue building meaningful relationships at every stage of life.

I want to encourage each of you to keep leaning into that. Keep showing up. Keep inviting others in. Keep being active—not just in the programs, but in each other's lives. Because the strength of this group isn't just in what you do, it's in how you support one another.

And that brings me to something that cannot be said enough—thank you.

To Colin and Christine—for your leadership and dedication. The time and care you put into organizing, guiding, and supporting this group does not go unnoticed. You help create the foundation that makes all of this possible.

To your board members—for your commitment behind the scenes. These roles often come with a lot of responsibility, and not always a lot of recognition, but your work is essential. You help ensure that this group continues to thrive, grow, and serve its members in meaningful ways.



To all of your volunteers—you are the heartbeat of this community. Whether you're setting up chairs, organizing events, calling numbers at bingo, or simply lending a hand where it's needed, you are making a difference. You are creating opportunities for connection, and that is something truly valuable.

Thank you to all of you Go-Getters—your participation, energy, and commitment are what truly bring this community to life and make it such a welcoming and supportive place for everyone.

What you are building together is more than just a group. You are creating a network of support. A place where people know they are not alone. A place where friendships are formed and strengthened. A place where people can count on one another.

That kind of network doesn't happen by accident. It takes effort, it takes care, and it takes people who are willing to give their time and energy to something bigger than themselves. And that's exactly what you are doing.

Looking ahead, I hope you continue to build on this strong foundation. Keep finding new ways to connect. Keep welcoming new members. Keep supporting one another through both the fun moments and the challenging ones.

Because at the end of the day, it's not just about the games you play or the events you host—it's about the relationships you build and the community you create.

Thank you for everything you do, for each other and for this community as a whole. It truly makes a difference.



Susan's thoughtful observations struck home for a lot of us, getting to the core of why the Go-Getters exists and how it thrives.

How do you describe the Go-Getters? What does it mean to you? We invite you to tell us in a few words, a few sentences or a paragraph or two.



Go-Getters

Volunteers Needed!

Go-Getters Fundraising Casino

Saturday, August 15

Sunday, August 16

Elbow River Casino

218 18 Avenue SE

Volunteers needed for the following positions:

	SATURDAY	SUNDAY
DayShift (11:00 am - 7:30 pm)	Cashier	Banker
Evening Shift (7:00 pm - 3:30 am)	General Manager Banker Chip Runner	Banker Cashier
Count Room (11:00 pm - 4:00 am)	FULL	Countroom (3 positions)

- Friends and family are welcome to volunteer
- You may work more than 1 shift, but both shifts must be the same position
- No experience required!
- Meal and snacks provided
- Free parking

Sign-up on the Go-Getters bulletin board or phone to register

The Go-Getters • 1940 6 Avenue NW • (403) 283-3720



Volunteer Opportunities



Without the commitment of our dedicated team of volunteers, many of the things we do at the Go-Getters would simply not be possible.

Current Needs

Stop by the office to learn more about these and other opportunities.

Wednesday Bingo

Each week, we host a community bingo, the proceeds of which provide operational funding for the Go-Getters. It takes a big team of volunteers to make the bingo run smoothly.

Currently, we need to fill some Floor positions. This involves circulating amongst the players to sell cards, verify winning cards, and delivering cash payouts.

Interested? Please speak with Christine in the office.



Fundraising Casino

August 15 & 16

at the Elbow River Casino

We are seeking volunteers for this important fundraising event for the Go-Getters. We need to fill positions for three shifts each day:

- General Manager
- Banker
- Cashiers
- Chip Runners
- Countroom

Able to help? Please sign up on the schedule sheet posted on the bulletin board.



Volunteers are asked to enter your hours in the volunteer binder. This record is important to reporting volunteer contributions to our funders. You are also invited to enter the gift draw each time you volunteer.



Games Nights

Fridays • 6:30 pm
\$3 drop-in fee

50/25/25 ticket sales and draw.

July 3

July 17



Bid Euchre

Fridays • 6:30 pm
\$5 per person

Organized by
Brenda O. 403-700-3914
Terry L. 226-338-2908

July 10

July 24



COWBOYS CASINO

10:00 am bus pick up
at the Go-Getters
Please arrive 15 minutes early.

\$10 /person
Min 20 people Max 26

Thursday, July 30



AMERICAN MAH JONGG

It's in the tiles!

Sandra taught you well, and you are keen to keep on playing! We are looking to find a regular spot in our weekly games schedule.

The winds are in your favour!

Details to come



The Go-Getters

Weekly Games

Every day it's a different game and another chance to be dealt the good cards! If you are new to cards, a little rusty, or want to learn a new game, let us know and we will connect you with one of the coordinators to get you into the game!

Game	Day	Start Time
Euchre \$3.00 drop-in	Monday	12:30 pm *
Canasta \$3.00 drop-in Whist \$3.00 drop-in	Tuesday	1:00 pm
Evening Euchre \$3.00 drop-in	Tuesday	6:30 pm
Cribbage \$3.00 drop-in	Thursday	1:00 pm
Calgary Scrabble Club \$3.00 drop-in	Thursday	6:45 pm
Bridge \$3.00 drop-in	Saturday	12:30 pm
Calgary Scrabble Club \$5.00 drop-in	Sundays	12:00 pm

*On monthly luncheon days Euchre starts at 1:15 pm



HAPPY
Canada
Day

The text "HAPPY Canada Day" is centered in the middle of the image. "HAPPY" is in a red, sans-serif, all-caps font. "Canada Day" is in a large, red, cursive script font. Several red maple leaves are scattered around the text, some above and some below the words.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Closed for Canada Day	1:00 Crib 6:45 Scrabble	9:00 Stampede Breakfast 1:00 Painting with friends 6:30 Games Night	12:30 Bridge
12:00 Scrabble	12:30 Euchre	9:30 & 10:30 Tai Chi 10:00 Foot Dr 1:00 Canasta/Whist 6:30 Euchre	12:00 BINGO	10:30 Chair Strength 1:00 Crib 6:45 Scrabble	10:00 Painting with friends 6:30 Bid Euchre	12:30 Bridge
12:00 Scrabble	12:00 Monthly Luncheon 1:15 Euchre	9:30 & 10:30 Tai Chi 10:00 High River Trip 1:00 Canasta/Whist 6:30 Euchre	12:00 BINGO	10:30 Chair Strength 1:00 Crib 6:45 Scrabble	10:00 Painting with friends 1:00 Ice Cream Social 6:30 Games Night	12:30 Bridge
12:00 Scrabble	10:00 Mandala dot Painting 12:30 Euchre	9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	12:00 BINGO	1:00 Crib 6:45 Scrabble	1:00 Painting with friends 6:30 Bid Euchre	12:30 Bridge
12:00 Scrabble	12:30 Euchre	9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	12:00 BINGO	10:00 Cowboys Casino 1:00 Crib 6:45 Scrabble	1:00 Painting with friends	