



The Go-Getters September 2026 Newsletter

**The Go-Getters office will
be closed September 7
for Labour Day**

**West Hillhurst Go-Getters Association
1940-6 Ave NW Calgary, AB T2N 0W3
403-283-3720**

**gogetters@telus.net
www.gogetters.ca**

**Monday – Friday
8:30 am – 3:30 pm**



GST # 129267993RT0001

The Go-Getters

Mission

Provide social, recreational, and educational community through participation

Values

Welcoming - Kindness - Reliability - Friendship - Service

Board Members 2026

President:	Beverley W.
Vice-President:	Janis Z. (interim)
Secretary:	Leona S
Treasurer:	Barb R.
Directors at Large:	Linda T.; Marian B. Lori L.; Darlene M.; Doug J.

Administration

Colin H., Executive Director
Christine G., Program Coordinator



At the Go-Getters Karen's New Fall Sessions

FUNCTIONAL FITNESS

Mondays, Sept 14 to Dec 7 (9 weeks*) at 1:00 pm
\$100 /member \$125 /non-member

** Note: No classes on Sept 21, Oct 12 & 19, Nov 16*

CHAIR STRENGTH

Thursdays, Sept 10 to Dec 10 (13 weeks) at 10:30 am
\$130 /member \$160 /non-member



Drop-in fee for a single class is now \$14

THE GO-GETTERS

Partners Bridge Tournament

Saturday, October 3, 2026
Continental Breakfast at 9:30am
Play starts 10:00am sharp
\$35.00/person
(Includes Breakfast & Lunch)

Prizes will be awarded after both morning
and afternoon sessions

50/25/25 tickets will be available for purchase.

Registration forms with full payment must be received
by 3:00pm on Monday September 28,
Debit, Credit Card, Cash, Cheque or,
E-transfer to programs@telus.net and please indicate in the
message box "Bridge Tournament"

The Go-Getters are located at the SW corner
of the West Hillhurst Community Centre
1940 - 6 Avenue NW
For further information, please call: 403-283-3720



Save the Date

Fashion show on October 9

Details will follow

If you would like to help out with setting up, decorating or even modelling a outfit for this event. Please contact Christine in the office.

Save the Date

Art Show on November 13

Details will follow

If you would like to help out, maybe put some paintings in the show or even have a booth of your own to display and sell all your wonderful items. Please contact Christine in the office.





September

Monday, September 21

12:00 pm

\$20 /member

\$24 /non-members

Wine and beer available for purchase.
50/25/25 ticket sales and draw.

Menu

Spaghetti & Meat Balls

Green Salad

Buns & butter

Dessert

Options are available for specific dietary needs. Please inquire when you sign-up.

Deadline for signing up is September 14

GOGETTERS.CA

| 1940 - 6 AVE NW • CALGARY

| 403-283-3720

The Foot Doctor



Tuesday, September 22

10:00 am – 1:30 pm



Book your appointment. If you have a scheduled appointment with the Foot Doctor, you will receive a reminder call a week ahead about the date and time and to confirm your attendance.

If you cannot make your reserved time, it is **Very Important** that you call the office *at least 2 days prior to your appointment*. This way, we can fill your spot with someone on the wait list and maintain a full schedule for the doctor.

Having our feet taken care of is a popular service at the Go-Getters and we want to ensure everyone has a fair chance to take advantage of it. We greatly appreciate your consideration in this matter.

NEW POLICY

If you fail to show up for your appointment 2 times in a row, you will be removed from the list and lose your regular appointment time. I have had to implement this policy due to too many no shows putting us at risk of losing this service that Dr. Greg Somer provides us.



Mandala Painting Class

July 20, 2026



Stay tuned for the next class



YAMNUSKA

Wolfdog Sanctuary

Hey everyone! I'm planning a trip out to the Yamnuska Wolfdog Sanctuary in Cochrane and would love for you to come with me! We can see the rescued wolfdog packs and learn all about them. Let me know if you're free on

September 10th.

The bus will leave Go-Getters at
10:00am SHARP!

After the tour we will go into Cochrane to the
Texas Gate Bar & Grill for lunch.

Then back to Go-Getters around 3:00

\$120 /member

\$150 /non-member

**This includes your bus,
your tour and lunch.**

Sign up deadline is Sept 3

Max 30 people



Yamnuska Wolfdog Sanctuary was created to drive public awareness and education surrounding wolfdogs and wolves in the wild. We welcome visitors to come and experience our wolfdogs in person and learn about their unique nature, how we can reduce backyard breeding of these animals and the connected importance of wolf conservation. Our Sanctuary is home to a variety of wolfdogs that have been neglected, abandoned, or otherwise displaced, all with different wolf content levels.

Our mission is to provide rescued wolfdogs with a meaningful and fulfilled life, while offering experiential education to promote the well-being and understanding of wolfdogs within our domestic world.

Results from the trip survey

The Go Getters
Can you please provide
Four ideas for trips in the fall.
1. _____
2. _____
3. _____
4. _____
When you have completed this form,
please return it to me.
Thank you.
Your Program-Coordinator
Christine

Hello everyone

Thank all of you for
your response to my trip sheet survey.

All the interesting ideas were amazing.
I have taken all your wonderful ideas and
put them together, and here are the top 4 choices.

#1 - Stagewest

I will be booking for Sept/Oct

#2 - Saskatoon Berry Farm,

I will book this in the spring.

#3 - Zoo

I had booked a trip to the Zoo a couple of months ago and
because of low ticket sales for this trip it had to be cancelled.
We can try again in the future.

#4 - Rosebud Theatre

I have checked into this. Because it's out of town
and the distance, the cost would too expensive for the bus.

#5 - Yamnuska Wolfdog Sanctuary

This one is booked for September.

Thank you all for your feedback. It is very helpful and much appreciated.
There were many more great suggestions and I'll keep them all to
consider for future trip planning.

Your Program Coordinator

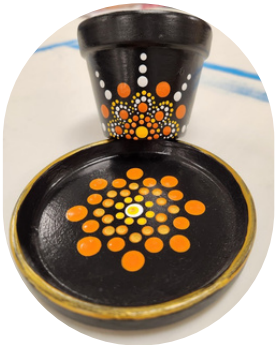
Christine





GO-GETTERS *Mandala Dot Painting*

Join Marilyn B. and have a few
laughs and fun and be creative
painting this cute little plant pot.



Monday, September 14
10:00am - 12:00pm
\$10 /member
\$12 /non-member
Sign up deadline is September 8
Max 12 people



Welcome Back Social

The Events Committee is hosting a
Welcome Back Social

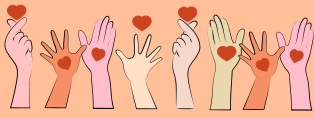
Come catch up with your friends
while enjoying some
pizza and salad.

Friday, September 11
12 noon

\$10 /member

\$12 /non-member

Sign up deadline is September 4



Volunteer Opportunities



Without the commitment of our dedicated team of volunteers, many of the things we do at the Go-Getters would simply not be possible.

Current Needs

Stop by the office to learn more about these and other opportunities.

Wednesday Bingo

Each week, we host a community bingo, the proceeds of which provide operational funding for the Go-Getters. It takes a big team of volunteers to make the bingo run smoothly.

Currently, we need to fill some Floor positions. This involves circulating amongst the players to sell cards, verify winning cards, and delivering cash payouts.

Interested? Please speak with Christine in the office.



Volunteers are asked to enter your hours in the volunteer binder. This record is important to reporting volunteer contributions to our funders. You are also invited to enter the gift draw each time you volunteer.



Games Nights

Fridays • 6:30 pm
\$3 drop-in fee

50/25/25 ticket sales and draw.

Sept 4

Sept 18



Bid Euchre

Fridays • 6:30 pm
\$5 per person

Organized by
Brenda O. 403-700-3914
Terry L. 226-338-2908

Sept 11

Sept 25



COWBOYS CASINO

10:00 am bus pick up
at the Go-Getters
Please arrive 15 minutes early.

\$10 /person
Min 20 people Max 28

Thursday, Sept 24

MONDAY MORNING



COFFEE BREAK



In the Library

Mondays, 10-11:30 am



The Go-Getters Weekly Games

Every day it's a different game and another chance to be dealt the good cards! If you are new to cards, a little rusty, or want to learn a new game, let us know and we will connect you with one of the coordinators to get you into the game!

Game	Day	Start Time
Euchre \$3.00 drop-in	Monday	12:30 pm *
Canasta \$3.00 drop-in Whist \$3.00 drop-in	Tuesday	1:00 pm
Evening Euchre \$3.00 drop-in	Tuesday	6:30 pm
American Mah Jong \$3.00 drop-in	Wednesday In the Library	1:00 pm
Cribbage \$3.00 drop-in	Thursday	1:00 pm
Calgary Scrabble Club \$3.00 drop-in	Thursday	6:45 pm
Bridge \$3.00 drop-in	Saturday	12:30 pm
Calgary Scrabble Club \$5.00 drop-in	Sundays	12:00 pm

*On monthly luncheon days Euchre starts at 1:15 pm

THE GO-GETTERS

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	2 12:00 BINGO 1:00 Mah Jong in the Library	3 1:00 Crib 6:45 Scrabble	4 10:00 Painting with friends 6:30 Games Night	5 12:30 Bridge
6 12:00 Scrabble	7 Closed for Labour Day	8 9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	9 12:00 BINGO 1:00 Mah Jong in the Library	10 10:00 Wolfdog Sanctuary 1:00 Crib 6:45 Scrabble	11 10:00 Painting with friends 12:00 Welcome Back Social 6:30 Bid Euchre	12 12:30 Bridge
13 12:00 Scrabble	14 10:00 Dot Painting 10:00 Morning Coffee 12:30 Euchre 1:00 Functional Fitness	15 9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	16 12:00 BINGO 1:00 Mah Jong in the library	17 10:30 Chair Strength 1:00 Crib 6:45 Scrabble	18 1:00 Painting with friends 6:30 Games Night	19 12:30 Bridge
20 12:00 Scrabble	21 10:00 Morning Coffee 12:00 Monthly Luncheon No fitness class 1:15 Euchre	22 10:00 Foot Dr 9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	23 12:00 BINGO 1:00 Mah Jong in the library	24 10:00 Cowboys Casino 10:30 Chair strength 1:00 Crib 6:45 Scrabble	25 10:00 Painting with friends 6:30 Bid Euchre	26 12:30 Bridge
27 12:00 Scrabble	28 10:00 Morning Coffee 12:30 Euchre 1:00 Functional Fitness	29 9:30 & 10:30 Tai Chi 1:00 Canasta/Whist 6:30 Euchre	30 12:00 BINGO 1:00 Mah Jong in the library			